

THE PERTH Courier.

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THURSDAY
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TRIM YOUR NAILS, CLEAN YOUR GI.
RESPECT YOUR TRAINING PARTNER.
RESPECT THE STUDIO.
ALWAYS LISTEN TO THE COACH.
WINNING IS NOT WANTED.
WORK HARD, HAVE FUN.

PERTH
BRAZILIAN
JIU-JITSU

PERTH MAYOR HAS SOME NEW MOVES

Desmond Devoy/Torstar

Perth Mayor John Fenik, right, practices a self-defence move on Perth Brazilian Jiu-Jitsu owner Dave Feiner, during the opening of Feiner's new studio at 2 Wilson St., Perth. Located inside the Perkins Building, Feiner hosted a grand reopening on Saturday, Sept. 28 as the school moved across town to accommodate the growth of his school over the past year. More classes are now on offer for kids and adults. Check www.insideottawavalley.com for more on this club.



During the election, promises* are made.

*That's why being informed is everything

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