

THURSDAY
NOVEMBER 4, 2021

THE Perth Courier

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PERTH PHYSIOTHERAPY DONATES NEW BENCH

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This is one bench that can feel the burn.

Or it's putting the bench in bench press, if you will.

Perth Physiotherapy has donated a \$2,000 bench beside the bike pump track at Conlon Farm, which was officially unveiled on the morning of Friday, Oct. 29.

"Catherine (Ball) stepped up first and wanted to do something," said town hall's community services director Shannon Baillon, of the owner of Perth Physiotherapy, who sponsored the latest bench.

Ball said she came up with the idea back at the Polar Bear Plunge on New Year's Day 2020.

"We try to promote physical activity in kids," Ball said.

Fire Chief Trevor Choffe, who helps run the Perth Fire Dawgs

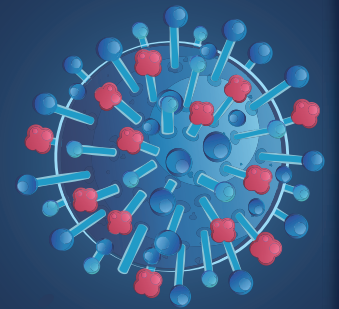
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Desmond Devoy/Metroland

Catherine Ball, owner of Perth Physiotherapy, strikes an acrobatic pose atop the new bench her company donated to the bike pump track at Conlon Farm in Perth, on Friday, Oct. 29.

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