

# From streetcars to condos: Preston Street is changing

BY CHARLIE SENACK

When Joe Cotroneo was a child, streetcars still ran down Preston Street.

The owner of Pub Italia, which has been a staple in Little Italy for 31 years, recalled the neighbourhood being a walkable community where residents knew each other and socialized. The dynamics started to change in the 1960s when many homes were expropriated to make way for the Queensway.

“Everyone was a blue collar worker. All the Irish kids lived six blocks away and went to St. Patrick’s School,” recalled Cotroneo. “I remember outdoor skating and broomball at Plouffe Park. There was a big IGA grocery store where you could do all your shopping needs. They talk about 15-minute neighbourhoods. We had that 60 to 70 years ago.”

A lot has changed in the decades since. Today, Preston Street is home to many Italian-opened businesses, but has also welcomed flavours from other parts of the world. Very few Italians actually still reside in the community, settling instead in Parkwood Hills, Heron Park and South Keys.

Trina Costantini-Powell’s roots to Ottawa’s Little Italy date back to the early 1900s when her grandfather, Giuseppe Costantini, moved to Rochester and Preston Streets from Italy in his early 20s. He first worked as a labourer, then was one of the founders of The Prescott Hotel, securing its liquor license in 1934.

“In 1940, my grandfather went into the internment camp during the Second World War because they thought he, like many Italians, had fascist leanings,” she said. “He had to turn all his business dealings over to a lawyer who totally screwed him over when he got out a year later.”



While Preston Street is losing much of its Italian-owned businesses, the BIA said its culture is being celebrated in different ways. PHOTOS BY AARON REID.

Costantini-Powell is proud of her Italian heritage. She’s taken part in St. Anthony’s Church functions all of her life, was president of a women’s auxiliary group for 12 years, and has been

involved with various Italian community associations. But she said the main streets dynamics are changing as the older generations pass on and new ones take over.

“The community right now is probably within its fourth or fifth generation. There really aren’t a lot of Italian restaurants when you think about it. And those that are there have been there for years. Does it need a few more to give it more of a flavour? I think it does,” said Costantini-Powell. “I could go to a Korean restaurant on Elgin Street, so why would I go to one in Little Italy?”

When she traveled to other Italian districts, like the one in San Diego, she was inspired by its display of flags that featured the likes of well-known American Italians. Costantini-Powell said she’d like to see something similar done on Preston with photos of old businesses.

Preston’s Italian culture has lived on thanks to social groups that formed after waves of immigrants came to Ottawa following the first and second World Wars, born as a way to retain language dialects and traditions.

“They’d have their own functions and parties, sometimes honouring a saint from their village. It gave them comfort to be amongst their friends who were also immigrants,” said Costantini-Powell. “Now you see those people are in their mid to late 80s. A lot of them are residents at Villa Marconi (Nursing Home). Their kids or grandkids no longer need these associations because they’ve integrated into Canadian society.”

### EVOLUTION OF THE ITALIAN LANDSCAPE

While many of the original Italian businesses are long gone, some like the Prescott, La Roma and Pub Italia have shaped Preston for decades. And even though parts of its past are history, the local BIA is doing what it can to remember its rich past.

Lindsay Childerhose, executive director of the Preston Street Business Improvement Association (BIA), said culture is always in full display during the annual Italian week festivities in June. The red, white and green archway at the corner of Carling is a reminder of its roots, and art installations do more than just beautify the area.

“Our heritage murals and the Postcards from the Piazzas sculptures pay tribute to the families who founded and shaped the neighborhood into what it is today,” said Childerhose. “New Italian businesses have also opened, like Retro Gusto and Dolci Saporì.

“We also see a range of fresh and diverse businesses come in, which really boost the vibrancy of the area and complement the existing businesses.”

While the heritage murals were removed for construction of the new Highway 417 overpass, Childerhose said the BIA plans to work with the Ministry of Transportation to ensure they are safely put back up in early 2025 when work is complete.

Preston has also seen the arrival of many highrises, including the Claridge Icon, which is Ottawa’s tallest residential building standing at 45-storeys. The ongoing residential development will bring a boost for business and the local economy, Childerhose added.

“Preston Street is well-known and loved for its charming, European village feel, which comes from the mom-and-pop businesses that line the street,” she said. “Main streets thrive when there’s a strong sense of community and a solid resident base.

“The new developments will enhance this by bringing more people into the neighborhood, supporting our local businesses, and adding to the social

fabric of the area.” A future with more towers on the outskirts is music to Cotroneo’s ears. He said while the dinner rush at Pub Italia has bounced back following the COVID-19 pandemic, lunchtime is still quiet, partially due to the change in public servants in the city, with federal employees only back in the office two to three days a week.

Cotroneo said the next step is to bring a greater mix of retail options to the street.

“In order to be a successful street, you can’t just be known for one thing. Then people come and eat or buy a pair of shoes and leave,” he said. “You need people on the street in the morning — it’s why civil servants need to go back to work. You need people going out at lunchtime. You need people at dinner time going out to the restaurants. And you need a few bars and pubs that stay open late.

“It’s why the ByWard Market is struggling,” he continued. “All the retailers have left. Now they are known as a nightclub scene at night and a lot of people don’t go down there.”



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# Injustices and progress: A decades-old fight for Queer equality

BY CHARLIE SENACK

The 1970's were a time of flower power, Elton John and high-waisted jeans. In Ottawa and around the world, the decade marked the beginning of a sexual awakening.

Gays, lesbians, bisexuals and transgender individuals left their closets one by one to put an end to homophobic, discriminatory practices. They were tired of putting on a facade and living in fear because of who they were born to love.

On a rainy day in late August 1971, Canada's first pro LGBTQ2S+ protest was held on the front lawn of Parliament Hill. About 80 men and women with stylish long hair, large beads and signs promoting love over hate, put themselves on display to fight for equal rights. To say it was a controversial act would be an understatement.

While same sex acts were legalised a few years prior, citizens could still be fired from their jobs and outed publicly for being gay. Police brutality targeting the community was on the rise, and gay immigrants were barred from entering Canada.

## ANTI-GAY PURGES

Between the 1950s and 1990s, homosexual Canadians who worked in the civil service, RCMP, and armed forces were fired because of their sexual orientation. The reason? government officials determined that homosexuality was a "character defect", and therefore a security risk because gays and lesbians could be targets for blackmail by the Soviets.

In the 1960s, Dr. Frank Robert Wake, a psychology professor at Carleton University, developed an array of tests aimed at identifying and then eliminating

gay individuals who were working in the Canadian government.

Labelled the "fruit machine", or the homosexuality test, it was designed to measure perspiration and pulse such as pupil dilation when the subject was shown same-sex nude or semi-nude images. It garnered faulty results. To begin with, researchers failed to take into account the varying sizes of pupils and the differing distances between the eyes. Pictures of the suspected homosexuals' eyes had to be taken from an angle, and the brightness of light coming from photographs changed with each image.

For over four decades, approximately 9,000 Canadians were marshalled into small, windowless interrogation rooms and questioned regarding the possibility that they were gay. If they admitted to it, they were forced to resign or they were abruptly fired. Their careers, self confidence, and privacy were ripped away from them. Opportunities for promotion, severance, benefits and a pension were also stripped.

Long-time Ottawa resident Michelle Douglas always wanted to serve her country and had aspirations of becoming a military police officer. She joined the Canadian Armed Forces in 1986 and was quick to climb the ranks. Douglas was the top of her class and a hard-working, loyal soldier. Then suddenly her world changed.

"I had the lovely experience of falling in love with a fellow officer and she was lovely," Douglas explained to KT. "Somebody went and told the military.

I know exactly who it was who reported me to the police. I consider it a shame on them because I was a good officer. It was astonishing to imagine that I'd somehow be reported because I had fallen in love with another woman."

Douglas had just begun working in the special investigations unit in 1989 – ironically the division assigned to investigate homosexuals – when a superior officer said they were leaving immediately to investigate a case in Ottawa. That was a lie. When the car Douglas was in approached the Toronto Pearson Airport, it abruptly turned into a nearby hotel parking lot.

"I spent the next two days being interrogated about my sexual orientation. It was a very stressful and difficult time," Douglas remembered. "It was humiliating, degrading and shameful. It was shattering. I was a young woman, at the top of my class."

For hours, Douglas denied her attraction to females. She refused to give up the names of other

Queer officers, and wouldn't take a polygraph test. In the end she chose truth over fear and admitted to being gay.

Douglas was almost immediately discharged because she was "not advantageously employable due to homosexuality."

In January 1990, Douglas launched a \$550,000 lawsuit against the Department of National Defence. In October 1992, after reversing its ban on LGBTQ soliders, the military settled the legal challenge just before it went to trial.

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Insert: Michelle Douglas after entering the Canadian Armed Forces. PROVIDED PHOTO.

Top left: LGBTQ2S+ members march outside Ottawa's Police Station for equal rights on May 28, 1967. CREDIT: CA-025625

Top right: When demonstrators marched for equal rights, it was still possible to be fired and outed at work for being gay. CREDIT: CA-025631

Bottom left: A gay rights protest over CBC ad discrimination in front of the Chateau Laurier in Ottawa dated Feb. 19, 1977. CREDIT: CA-025638

Bottom right: Two demonstrators hold hands at a Gay Liberation March on Parliament Hill dated Aug. 28, 1971. CREDIT: CA-026028







# Decades-old fight for Queer equality

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“Ending discrimination by policy does not just end discrimination,” she said. “It’s been a 30 plus year pursuit working in reconciliation, working on ensuring policies improve and change and that protections exist. People can no longer be fired on the basis of being queer. Gender confirmation surgeries [for members] are now paid for by the Canadian Armed Forces.”

## RAIDING WELLINGTON WEST

One of the most open acts of homophobia in Ottawa occurred in Wellington West on May 21, 1976, when a gay bathhouse at 1069 Wellington Street West was raided. Police stormed the underground building and arrested 27 naked men – 22 who were charged as ‘found-ins.’ Their crime? participating in same-sex activities.

Club Ottawa owner Peter Maloney said financial documents and the bathhouses membership list of 2,400 names were seized – an easy way for police to see who in the city was living a double life.

At trial, Maloney was found guilty and was given a discharge on the basis of one

year’s probation. Andrew MacKey, the 28-year-old who managed the Club, pled guilty and was fined \$500.

Fifty years later, Club Ottawa remains open, yet most who pass its subtle door between Central Spa and Bread By Us would never know it exists. No signs advertise its presence, and no widow’s peak out of the underground space that includes saunas, lockers, showers, and private rooms.

On Aug 2, 1999, a group of 10 American anti-gay demonstrators protested in front of the Supreme Court of Canada. Their posters were seized and they were questioned for hours at the Macdonald-Cartier International Airport.

They were followers of anti-gay pastor Rev. Fred Phelps. Their discontent came after the Supreme Court of Canada ruled that the definition of common-law marriages must also include homosexual couples.

The group marched outside of All Saints Westboro Anglican Church and Westboro Baptist Church. They sang songs and chanted “God hates Fags.”

Richmond Road area resident Lean

Lemoine carried her own sign which read “These People Are Nuts” and told the Ottawa Citizen that she was disturbed their messages would “create great intolerance which can lead to such things as murder. If they believe they are Christians, they’re certainly not acting that way.”

## A SIGN OF PROGRESS

In 1993, Alex Munter, then a young city councillor for Kanata, came out as gay in an opinion piece published in the Ottawa Citizen. He was the Ottawa area’s first openly gay politician.

Munter used it as an opportunity to speak out about the harsh treatment gay people faced compared to heterosexuals, and said he joined the NDP 10 years prior because

it was a party “that had always fought for the rights of people like me.”

In fact it was former Ottawa-Centre NDP MPP Evelyn Gigantes that first proposed a legislative amendment to outlaw the discrimination against gays and lesbians under the Ontario Human Rights Code. It was passed 64–45 at Queen’s Park a month later.

“The province has been contemplating legal recognition of lesbian and gay relationships for over two years. Its now time for action,” Munter wrote. “In every community, including my city of Kanata, gay and lesbian couples are raising children, yet their legal rights are murky.”

Munter knew he was gay in high school and was open with his family and friends before sharing that part of himself with the world. He said it felt “dishonest” and “untenable” to live under the “don’t ask, don’t tell model”

Far left: Tara Sypniewski was a founding member of Gender Mosaic and now runs Wellington West’s Ottawa Trans Library. PHOTO BY CHARLIE SENACK.

Left: The safe space located at 1101 Somerset St. W hosts a variety of inclusive events including parents nights for guardians of trans kids. PHOTO BY CHARLIE SENACK.

Insert: Munter was Ottawa’s first openly gay politician. PROVIDED PHOTO.

A few months before his public announcement, Munter and his then boyfriend were stopped on the street and faced homophobic remarks by a carload of young men. The hatred didn’t stop there.

“People wrote letters to the editor of my local newspaper in Kanata basically saying I wasn’t capable of being a councillor because I was a gay person. There was quite a concerted effort and it created a climate,” Munter recalled to KT. “There was a lot of homophobic vandalism of my campaign materials and signs.”

But there was love and acceptance too. Munter said the evening before his op-ed was published, he drove around town putting letters in mailboxes of supporters who he wanted to know the news before it

was public. Munter recalled how one woman, an evangelical Christian who left the United Church when it began to ordain gay people, drove over to his house for a hug and encouraging words of love and acceptance.

Munter still went on to win that year’s municipal election and continued to serve on council until stepping aside in 2003.

In 2019, Munter, now CEO of the Children’s Hospital of Eastern Ontario (CHEO), received an anonymous letter in the mail with no return address. It came from one of the teenagers who defaced his election signs.

“I am truly sorry for doing this to you. We were dumb teenage boys,” the hand-written letter read. “You are an outstanding member to the community and are truly special. All of us that did this to you are now adults with kids of our own. We are all inclusive and are definitely not prejudiced to anyone in the LGBTQ community.”

## CHANGING GENERATIONS

When Munter was first discovering himself, the former politician and newspaper publisher said he was growing up between two generations: the homophobic practices of the 1950s and 60s were largely over, but the connected generation of today with access to countless resources had not begun.

“It was a lonely time because I was living with a secret,” said Munter. “I knew gay people were out there but there was no way for me as a high school student to have peers or support or anything like that.”

In 1984, activist group Gays of Ottawa launched Pink Triangle Services, known today as Kindspace, to act as a refuge for LGBTQ2S+ people who were finding themselves.

Today Kind Space operates out of 400 Cooper St. and sees about 50 people pass through its doors on any given week. The centre is used to house drop-ins, host events, and offer resources.

“It’s important to have a space like Kind Space because look at the state of the world. When we started in the 80s acceptance for queer and trans people was not very high,” said Kind Space executive director

Carling Miller. “Even though there are more protections legally for queer and trans people, we still have a high percentage of kids that get locked out of their families for being who they are. There is still a lot of shame that is carried by people who have those identities. Our identities are often weapons, especially in politics for political gain. They are used as a ‘boogeyman’ or justification for why violence can or should be done against us.”

Capital Rainbow Refuge is another non-profit organization that helps Queer individuals in other countries immigrate to Eastern Ontario. The group was volunteer-run when founded in 2010, but this year hired six staff. Over 100 Queer people have been assisted in the last decade-and-a-half. “Everyone deserves a safe home. In

more than 70 countries people are suffering because of who they are. There are police actions and family problems,” said Nini Rossi, fundraising and communications coordinator at Capital Rainbow Refuge. “For many, their only option is to flee their countries and homes for a safe haven.”

Many of the clients are from Middle Eastern and African countries such as Palestine, Saudi Arabia, Afghanistan, Ghana, South Sudan, and Algeria. In some of these places, you can still face the death penalty for being gay.

Earlier this year, Rainbow House opened which offers refuge to the LGBTQ2S+ newcomers.

“It’s an opportunity we had to partner with Matthew House and we currently

accommodate nine residents by helping them through establishing themselves here in Ottawa,” said Rossi. “They can stay three to six months and have access to essential services like making friends, finding jobs and housing.”

## ADVANCING TRANS RIGHTS

It is often said that transgender rights are about three decades behind those of LGBTQ2S+ people. Possible accounts of transgender lifestyles date back to before the mediaeval times, but the term itself goes back to the 1950s.

Gender Mosaic was formed In 1988 as an Ottawa-based trans social and support group, the first of its kind in Canada. It started off small and in secret. Crossdressers and transsexuals were vetted, meeting inside homes and restaurants.

Tara Sypniewski was one of the founding members. Today she operates Wellington West’s Ottawa Trans Library, a safe space where members and allies of the community are able to gather to read about a forgotten history while meeting others with shared experiences.

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# Decades-old fight for Queer equality

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"I know what it was like when I was young and it was very hard. We have a lot of young people coming in and it's a pay it forward kind of thing. You can't forget about where you've been," Sypniewski told KT. "Trans people get erased a lot but we've actually been around for a long time. History is a reflection of that and it tells people what we were doing. It could have easily been lost"

Sypniewski also founded Trans Ottawa, a website that documents the history of transgender people in Ottawa. The librarian herself had to put on the false facade of a

man at work for fear of losing employment. That double life persona lasted decades until she fully transitioned about eight years ago.

In early days, Clarke Institute in Toronto was formed to help people transition. Except that didn't really happen. Its whole reason for existing was to deny treatment to trans individuals, admitting later at a human rights tribunal that they rejected over 90 per cent of people who asked for help.

"For me it was a question of coping. I was living relatively freely on one hand, but I wasn't living fully as myself," admitted Sypniewski. "Part of the reason I started



**Transgender Day of Remembrance in Ottawa in November 2011.**  
PROVIDED PHOTO.

doing all this is for coping and to help the community along in whatever way I could."

In the last decade, trans rights have improved, but there's still a long way to go. In June 2017, government passed Bill C-16, which amended the Canadian Human Rights Act and Criminal Code. It prevents violence and discrimination against individuals on the basis of gender identity or expression "within the sphere of federal jurisdiction." Gender identity is now defined as a person's "sense of being a woman, a man, both, neither, or anywhere along the gender spectrum."

But while progress has been made, there's no guarantee it will not be reversed. In Saskatchewan, a bill was passed last year requiring students to get parental consent to change their pronouns. A similar rule applies in New Brunswick. Alberta Premier Danielle Smith changed policy to ban hormonal treatment, puberty blockers and gender-

confirmation surgery for children 15 years old and younger – the most restrictive rules on gender confirmation in Canada.

Rebecca Bromwich, an adjunct professor with the Department of Law and Legal Studies at Carleton University, says that when governments give permission for citizens to be homophobic, people will run with it.

"One of the things I have been surprised by is how much homophobic redirect my kids were hearing. It shocked me because there has been so much legal change, but kids still catch on to what's happening in culture," said Bromwich. "I would say relative to other places Ontario and Canada right now are generally better places for people who are in the LGBTQ+ community, however that's not static and we should never assume a narrative of progress. Look at what happened with reproductive rights in the United States in the last couple of years."

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