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## Sea Hawks Swim-A-Thon raises \$8,045

BY JOHN CURRY

john.curry@metroland.com

Swimming, swimming, swimming and then swimming some more!

That's what 89 members of the Goulbourn Sea Hawks Swim Club did over a three day span recently, swimming a grand total of 348,000 metres.

It was the club's annual Swim-A-Thon in which swimmers suited up, grabbed their goggles and challenged themselves by swimming or trying to swim 200 lengths of the pool in two hours. Each lap is 25 metres, making for 5,000 metres per swimmer if all 200 lengths are completed.

For the club's veteran swimmers, this meant trying to beat the time or number of lengths achieved the previous year while for the club's novice swimmers, it meant challenging themselves to see how many laps they could complete in a two-hour period.

Swimmers could choose to use any swimming stroke in swimming up and down the 25 metre pool at either the Goulbourn Recreation Complex or the Richcraft Recreation Complex.

See **SWIMMERS**, page 46



Goulbourn Museum photo

### Artist at work

Iyla Gillard focuses on painting her lamp with a coat of paint after securing some toys to its base as she participates in the "Epic Lamp" March Break craft workshop at the Goulbourn Museum at Stanley's Corners on Thursday, March 16.

## Lamitta's Wish to Walk fundraiser

BY JOHN CURRY

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A fundraiser to help a Stittsville youngster receive the medical treatment she needs to be able to walk is

being held at the Stittsville Legion Hall on Stittsville Main Street on Sunday, March 26 from noon to 3 p.m.

Six-year-old Lamitta El-Roz of Stittsville is unable to walk due to cerebral palsy as a result of brain

damage at birth. However, she has now been identified as a candidate for life-changing surgery not available in Canada that has been medically proven to help children with similar disabilities to be able to walk.

See **LAMITTA'S**, page 2

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